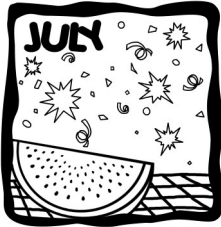



SUMMER LUNCH PROGRAM MENU


JULY 2016

Monday	Tuesday	Wednesday	Thursday	Friday
				
4 	5 Hotdogs Cucumber slices Fruit cup Bag of chips Cookie	6 Bagel & cream cheese Carrot sticks Fresh fruit Pudding	7 Ham & cheese sandwich Celery sticks Bag of chips Fresh fruit Yogurt	9 Pizza Cucumber slices Fruit cup Goldfish crackers
11 Turkey & cheese sandwich Carrot sticks Bag of chips Fresh fruit	12 Hotdogs Celery sticks Bag of chips Fruit cup Pudding	13 Bagel & cream cheese Cucumber slices Fresh fruit Cookies	14 Bologna & cheese sandwich Carrot sticks Fruit cup Goldfish crackers	15 Pizza Celery sticks Fresh fruit Pudding Fruit snacks
18 PBJ sandwich Cucumber slices Fruit cup Pudding	19 Hotdogs Carrot sticks Bag of chips Fresh fruit Yogurt	20 Bagel & cream cheese Celery sticks Fruit cup Goldfish crackers	21 Turkey & cheese sandwich Cucumber slices Bag of chips Fresh fruit	22 Pizza Carrot sticks Fruit cup Pudding Cookie
25 Ham & cheese sandwich Celery sticks Bag of chips Fresh fruit	26 Hotdogs Cucumber slices Bag of chips Fruit cup Yogurt	27 Bagels & cream cheese Carrot sticks Fresh fruit Pudding	28 Bologna sandwich Celery sticks Fruit cup Fruit snacks Cookie	29 Pizza Cucumber slices Fresh fruit Goldfish crackers

Meals made fresh daily 1/2 Pints of 2% Milk or Juice served daily
Lunches subject to change without notice.

SUMMER LUNCH PROGRAM MENU

August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>PBJ sandwich Carrot sticks Fruit cup Goldfish crackers Cookie</p>	<p>2</p> <p>Hotdogs Celery sticks Bag of chips Fresh fruit Yogurt</p>	<p>3</p> <p>Bagel & cream cheese Cucumber slices Fruit cup Fruit snacks</p>	<p>4</p> <p>Turkey sandwich Carrot sticks Bag of chips Fresh fruit Cookie</p>	<p>5</p> <p>Pizza Celery sticks Fresh fruit Goldfish crackers Pudding</p>
<p>8</p> <p>Bologna sandwich Cucumber slices Bag of chips Fresh fruit</p>	<p>9</p> <p>Hotdogs Carrot sticks Bag of chips Fruit cup Cookies</p>	<p>10</p> <p>Bagel & cream cheese Celery sticks Fresh fruit Goldfish crackers</p>	<p>11</p> <p>Ham & cheese sandwich Cucumber slices Fruit cup Pudding</p>	<p>12</p> <p>Pizza Carrot sticks Fresh fruit Cookie Yogurt</p>
<p>15</p> <p>Turkey & cheese sandwich Celery sticks Fruit cup Cookie</p>	<p>16</p> <p>Hotdogs Cucumber slices Bag of chips Fresh fruit Pudding</p>	<p>17</p> <p>Bagel & cream cheese Carrot sticks Fruit cup Cookies</p>	<p>18</p> <p>Bologna sandwich Celery sticks Bag of chips Fresh fruit Pudding</p>	<p>19</p> <p>Pizza Cucumber slices Fresh fruit Cookie</p>
		<p>Program ends on August 19</p>		

Meals made fresh daily 1/2 Pints of 2% Milk or Juice served daily
Lunches subject to change without notice.

Summer Lunch Program

July 2016						
S	M	T	W	T	F	S
	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

July 5 - August 19, 2016

Mondays through Fridays
11:00 a.m. - 12:00 p.m.

August 2016						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20

The Summer Lunch Program will provide free, healthy and nutritious lunches Monday through Friday during July and August. Permission forms must be signed by parents prior to children entering the program. (see below)

Lunches may be picked up from 11:00 a.m. - 12:00 p.m. at **The First Baptist Church** (202 Milton Ave.), **Simpson United Methodist Church** (1089 Rock City Rd.), **Ballston Area Community Center** (20 Malta Ave.) and **The Ballston Spa Central School's Summer Program**.

Permission Form

Child(ren) Names _____

Address _____

Phone _____

Parents/ Guardian _____

Allergies/ Health Concerns _____

I will pick up the lunches at:

First Baptist Church of Ballston Spa

Ballston Area Community Center

Simpson United Methodist Church (Rock City Falls)

Ballston Spa Central School Summer Program

I give permission for my child(ren) listed above to receive lunches from the Summer Lunch Program.

Parent/ Guardian Signature

Date

(tear off form and return to the First Baptist Church office, your child's teacher, Simpson UMC or Ballston Spa UMC)