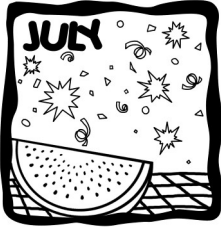



# BALLSTON SPA SUMMER LUNCH PROGRAM MENU

**JULY 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<p><b>PLEASE NOTE:</b></p> <p>Let us know <b>a day in advance</b> if you will NOT be picking up your lunch so do not waste food.  <b>Contact 518-885-8361</b> (leave message if no answer),  or email <a href="mailto:bspabaptist202@gmail.com">bspabaptist202@gmail.com</a>. <i>Thank you.</i></p>				
4	5	6	7	8
	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	8Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
11	12	13	14	15
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
18	19	20	21	22
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
25	26	27	28	29
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup

Meals made fresh daily      1/2 Pints of 2% Milk served daily  
 Lunches subject to change without notice.

Updated April 17, 2018

# BALLSTON SPA SUMMER LUNCH PROGRAM MENU

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>PLEASE NOTE:</b>                      Let us know <b>a day in advance</b> if you will NOT be picking up your lunch so do not waste food.  <b>Contact 518-885-8361</b> (leave message if no answer), or email <a href="mailto:bspabaptist202@gmail.com">bspabaptist202@gmail.com</a>.</p> <p style="text-align: center;"><i>Thank you</i></p>				
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup

Meals made fresh daily      1/2 Pints of 2% Milk served daily  
 Lunches subject to change without notice.