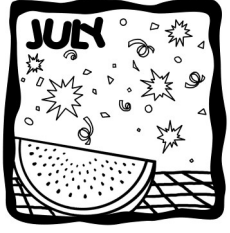



# BALLSTON SPA SUMMER LUNCH PROGRAM MENU

**JULY 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>PLEASE NOTE:</b></p> <p>Let us know <b>a day in advance</b> if you will NOT be picking up your lunch so do not waste food.  <b>Contact 518-885-8361</b> (leave message if no answer), or email <a href="mailto:bspabaptist202@gmail.com">bspabaptist202@gmail.com</a>. <i>Thank you.</i></p>			
	<p><b>4</b></p> 	<p><b>5</b></p> <p>Ham &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>6</b></p> <p>Turkey &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>7</b></p> <p>Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube  pudding Cup</p>
<p><b>10</b></p> <p>Bagel with Cream Cheese &amp; Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup</p>	<p><b>11</b></p> <p>Bologna &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>12</b></p> <p>Ham &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>13</b></p> <p>Turkey &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>14</b></p> <p>Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube  pudding Cup</p>
<p><b>17</b></p> <p>Bagel with Cream Cheese &amp; Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup</p>	<p><b>18</b></p> <p>Bologna &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>19</b></p> <p>Ham &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>20</b></p> <p>Turkey &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>21</b></p> <p>Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube  pudding Cup</p>
<p><b>24</b></p> <p>Bagel with Cream Cheese &amp; Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup</p>	<p><b>25</b></p> <p>Bologna &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>26</b></p> <p>Ham &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>27</b></p> <p>Turkey &amp; Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies</p>	<p><b>28</b></p> <p>Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube  pudding Cup</p>

Meals made fresh daily      1/2 Pints of 2% Milk served daily  
Lunches subject to change without notice.

Updated April 17, 2018

# BALLSTON SPA SUMMER LUNCH PROGRAM MENU

## August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>PLEASE NOTE:</b></p> <p>Let us know <b>a day in advance</b> if you will NOT be picking up your lunch so do not waste food.  <b>Contact 518-885-8361</b> (leave message if no answer),  or email <a href="mailto:bspabaptist202@gmail.com">bspabaptist202@gmail.com</a>.</p> <p><i>Thank you</i></p>				
<b>July 31</b> Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	<b>August 1</b> Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>2</b> Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>3</b> Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>4</b> Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
<b>7</b> Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	<b>8</b> Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>9</b> Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>10</b> Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>11</b> Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
<b>14</b> Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	<b>15</b> Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>16</b> Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>17</b> Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>19</b> Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup
<b>21</b> Bagel with Cream Cheese & Jelly Chips Fresh Vegetable Fresh fruit Pudding Cup	<b>22</b> Bologna & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>23</b> Ham & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>24</b> Turkey & Cheese Sandwich Chips Fresh Vegetable Fresh Fruit Cookies	<b>25</b> Pizza (2 slices) Fresh Vegetable Fresh Fruit Go-Gurt Tube Pudding Cup

Meals made fresh daily      1/2 Pints of 2% Milk served daily  
Lunches subject to change without notice.